

East London Health & Care Partnership Sustainability and Transformation Plan (STP)

<p>Date of Meeting: Monday 26th June 2017</p>
<p>Meeting Title: Inner North East London Joint Health Overview and Scrutiny Committee (INEL JHOSC)</p>
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<p>Reporting period: Spring 2017</p>
<p>Purpose:</p> <p>This report will provide members of the INEL JHOSC with an overview of the work being undertaken to develop local mental health services as part of the North East London Sustainability and Transformation Plan (NEL STP). It outlines the process of engagement and analysis undertaken to identify the priorities within this fundamental element of the NEL STP.</p> <p>The report will highlight areas where local mental health services are being delivered successfully and where working together through the STP will offer further opportunities in the future. The extent of the future pressures facing local mental health services, particularly if we nothing, will also be illustrated.</p> <p>This report will also set out the planning and delivery model we have established to deliver the Mental Health workstream of the STP.</p>
<p>Background:</p> <p>Locally mental health services have continued to be delivered to a high standard year on year while absorbing significant demographic and non-demographic growth. It is predicted that this level of growth will continue within the duration of the STP. Historically investment in local mental health services has not kept pace with the increase in demand. Despite increased ministerial and public interest in improving mental health services any future funding is still unlikely to be adequate.</p> <p>Local analysis undertaken to support the development of the mental health element of the STP identified significant future demand pressures on local mental health providers. In a 'do nothing' scenario by 2020/21 clinical contacts are likely to increase by 20% (147,000 more) and more beds would be required if we do not continue to develop and enhance our range of community services.</p>

To enable us to continue to deliver sustainable, high quality and accessible mental health services radical transformation is required. The work being undertaken through this STP workstream will support this and can provide the opportunity for local mental health services to become not only the cornerstone of our future local health and care system but amongst the best in the UK. In order to achieve this however partners will also need to work together to address the wider determinants of health such as accommodation, employment and education.

While a key aim of the STP is to support local partners to work together to transform services we are also required to continue to provide significant assurance to National Health Service England (NHSE) in relation to deliver of the access & quality standards within the Mental Health Five Year Forward View (FYFV) and General Practice Five Year Forward View .

The mental health workstream is supporting and assuring the delivery of the national 'Must Do's' for Mental Health:

- The development of additional psychological therapies so that at least 19% of people with anxiety and depression access treatment, with the majority of the increase from the baseline of 15% to be integrated with primary care;
- More high-quality mental health services for children and young people, so that at least 32% of children with a diagnosable condition are able to access evidence-based services by April 2019, including all areas being part of Children and Young People Improving Access to Psychological Therapies (CYP IAPT) by 2018;
- Expand capacity so that more than 53% of people experiencing a First episode of psychosis begin treatment with a NICE-recommended package of care within two weeks of referral;
- Increase access to individual placement support for people with severe mental illness in secondary care services by 25% by April 2019 against 2017/18 baseline;
- Commission community eating disorder teams so that 95% of children and young people receive treatment within four weeks of referral for routine cases; and one week for urgent cases;

The plan has also prioritised:

- Developing a NEL wide suicide prevention plan with the aim of reducing suicide rates by 10% against the 2016/17 baseline.
- Delivery of the mental health access and quality standards including 24/7 access to community crisis resolution teams and home treatment teams and mental health liaison services in acute hospitals.
- Increase baseline spend on mental health to deliver the Mental Health Investment Standard.
- Maintain a dementia diagnosis rate of at least two thirds of estimated local prevalence, and have due regard to the forthcoming NHS implementation guidance on dementia focusing on post-diagnostic care and support.
- Eliminate out of area placements for non-specialist acute care by 2020/21.

Our plan also makes reference to other deliverables that are expected as part of the broader FYFV for mental health such as access to specialist perinatal services, annual physical health checks, veteran health and psychological therapies for those with SMIs.

While the Mental Health Five Year Forward View supports the further integration of mental health services into primary care and acute hospital settings the mental health workstream of the NEL STP aims to go much further. In developing our plan and identifying the key priorities we have considered in detail how we ensure mental health becomes an integral part of our local health and care system. We know for instance that use of primary, acute and social care by people with mental health conditions is significantly higher than that on people without mental health conditions. There is also significant evidence that

addressing mental health can help with the system quality and value gap.

Given the breadth of the work required to provide ongoing assurance on delivery and place mental health at the centre of the transformation of local services we are establishing delivery groups to address five areas of work:

1. Improving population mental health and well being

This group will incorporate and involve a range of partners including Local Authority Public Health teams and will closely with the STP's Prevention workstream to deliver population-based approaches to mental health, tackling wider determinants, reducing inequalities and managing demand. To improve our populations' resilience to mental health issues we must create a step change in the delivery of mental health promotion, prevention and self-care. The deliver groups' role will be to make the case for change both across the partnership, but also to the wider public and to identify and disseminate good practice across NEL.

2. Improve access and quality

This group will oversee the delivery of FYFV for mental health and related 5YFV commitments across the partner organisation's. The group will also support bids for national funding for FYFV and provide assurance on the outcomes and performance.

3. Ensure services have the right capacity to manage increasing demand

This group will support work to strengthen community capacity and the establishment of a bed base with capacity to meet future demand. The other key area of this groups work will be to undertake or utilize existing benchmarking to identify and address variation, reduce duplication and improve productivity.

4. Mental Health supporting improved system outcomes and value

This group will develop a case for change which illustrates how improving the physical health care outcomes for people with mental illness and address the mental health of patients with physical health problems will support better outcome and improve value. The group will engage and work with both primary care and acute partners to develop integrated care pathways for all relevant patients.

5. Commissioning and delivering new models of care

This group will support the development of commissioning for the whole person and support the integration of mental health into the new models of care, the developing Accountable Care Systems (ACS) and moving forward the wider integration of health and social care.

The mental health workstream steering group has developed a matrix identifying the range of key stakeholders who will be required within each group in order to support effective delivery of their objectives. All groups will require clinical input from primary and secondary care, representation from relevant Local Authority colleagues including Directors of Public Health, representatives from the 3 ACS's as well as support from existing workstream leads and programme management resource.

The STP will allow local partners to develop solutions to the range of issues we face together. The STP provides an opportunity to make mental health an integral part of all the health and social care interventions provided across East London. There is great value to be gained in addressing the wider determinants of mental health once across NEL and the STP enable us to work together to achieve the outcomes we are seeking for our population.

Key Milestones

Key Milestones	Timing	RAG
Workstream documentation complete	May	Green
Finance, activity and workforce implications outlined	June	Yellow
Prioritisation complete & 'Bring Forward' plans developed	September	Yellow
Plans for winter pressures developed	September	Yellow
QIPP / CIP schemes identified	September	Yellow
Big ticket items confirmed (major activity shifts)	September	Yellow
Winter pressure initiatives implemented	December	Yellow
Closing the 'Gap' – implementation of the 'Bring Forward' initiatives	March	Yellow

Governance



Risks and Challenges (List core risks, RAG score and mitigations)

Risks	RAG
Governance structure not agreed	Yellow
Various demographic pressures driving demand for mental healthcare	Red
Wider determinants of mental health often not in place e.g. employment, housing, social interaction (Need L.A. and other partners in room)	Red
Fiscal constraints continue to place significant challenge upon NHS and Local Authority funding	Red
Commitment to Parity of Esteem	Yellow
Issues with specific areas of mental health spend or related initiatives example; Specialised Commissioning	Yellow
Fragmented Commissioning	Yellow

Communications and Engagement

The STP Mental Health Workstream will seek to develop a co-production approach to the work it undertakes. A range of engagement will take place with all key stakeholders including service users, carers and staff and regular updates will be provided by the EHLCP briefing room.

Outline support required from:

Inner North East London Joint Health and Overview Scrutiny Committee

1. Support to ensure involvement of Local Authority representatives in the STP Mental Health Workstream and its associated delivery groups.
2. Ongoing support with engaging Local Authority partners in our work to transform local mental health services
3. Ongoing support to develop links between the STP Mental Health Workstream and the wider range of stakeholders within local communities

Recommendations:

The is requested Inner North East London Joint Health and Overview Scrutiny Committee to:

- Consider and comment on our plan and the activities of the STP Mental Health Workstream